

The subtheme of the Church for this quarter is “Praying”. Knowing that praying is a very valuable experience to believers’ spiritual growth, we really want to encourage brothers and sisters to pray more. As Christians, praying is one of our greatest privileges.



Prayer is our communication and contact with God. On the one hand, we need to pray for everything: to praise and thank God in prayer, to take all things to God in prayer, to supplicate God to satisfy your or others’ needs. When we pray, we are opening our hearts to God so that He can step into our problems/situations and He will work.

On the other hand, we are working with God through our prayer. Though we are not the ones who change people to love God, God will guard them and extend His helping hands.

Praying to God is as important as breathing in our daily life. One spiritual elder said that prayer is the spiritual breathing of believers. A man’s brain will be damaged if he does not breathe for a few minutes; he will die if he has no breathing for a long time. Likewise, if a believer does not pray, his spiritual life will have problem, adversely affecting his spiritual growth.

Lord Jesus said in John 15:5, “I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing.” The most direct way for us to connect with God is through prayer. If we find that our spiritual lives are unhealthy or stagnant, we have to check our praying life.

Let’s check if we have the following symptoms:

1. Don’t know how to pray

A Christian who does not know how to pray is like a foetus in a mother’s body who does not know how to breathe. The foetus need not breathe because he obtains oxygen through the umbilical cord. However, once the baby is born, he must breathe by himself because this is fatal. The baby must learn how to breathe within the few minutes before his birth.

Brothers and sisters, have you learnt how to pray after your conversion to the Lord? Prayer is the way of being connected to and communing with God. If you have not yet learnt, you should learn as soon as possible. It is very easy to

pray – you only need to spend time with God, talk with Him truly, give your burdens to Him, find out what He wants to do, then follow His guidance.

There is no any particular form, time or place in praying to God; what you need to do is to speak to Him with sincerity. You can pour out your soul to God any time: when you walk, when you wait for the green light, when you dry the clothes, when you prepare dinner, or even when you quarrel, when you are scolded by your spouse.

2. Don't pray to God

Many Christians rarely pray although they understand the importance of prayer and know how to pray. They ignore praying perhaps they don't want to bother God for trivial matters. God will care all things that annoy us. We can put all things in our prayer to God no matter how trivial they are. For example, we pray for a thing we lost and then we find it afterward. I do have similar experiences. However, prayer is more than a statement of our wishes, asking God to accommodate our desires.

James 4:2 says, "You do not have, because you do not ask." Brothers and sisters, we do not get what we want because we do not pray to God. What a pity that we do not pray. God would like to give His grace to us through our prayer. But we have missed the chance because we ignore the importance of prayer.

Remember that, when we pray, we should talk with God frankly and freely. As long as we are willing to respect and accept God's final decision, we can pray for everything. The more we pray, the more we experience His grace.

Brothers and sisters, let's be determined to learn to pray, and do so constantly. Do remember that: the more we pray, the more power we have; less prayer, less power; no prayer, no power.